



Your Doctors

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Telephone

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Practice Manager

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OPENING TIMES 8am—6.00pm Dispensary 9am-6pm

Closed Saturday & Sunday

Enhanced Access Monday & Tuesday evening, by pre-booked appointment only.

Call 111 for medical advice & direction: 999 for life-threatening emergencies.

When to call 999?

You should always call 999 in a life-threatening emergency: heavy bleeding, chest pain, collapse or losing consciousness, extensive/major burns, sudden facial or limb weakness, seizures, spinal injury, floppy unwell infant, severe allergic reaction, poisoning or overdose, headache with loss of consciousness all need 999.

If you are unsure what to do, dial 111 to be directed.



GET READY FOR AUTUMN VACCS!

With both the seasonal flu vaccination programme and additional Covid boosters being made available in the autumn and winter, we've been doing a lot of planning throughout the summer months, to work out how to get both vaccinations to our patients in the most efficient and effective way. Every vaccination given with us, helps Bradworthy Surgery <u>and</u> the NHS, so, once you have received your invitation, please book with us, rather than elsewhere, if you can. Here's the general plan.

- Flu and Covid booster vaccinations will be given at Bradworthy surgery, for those aged 50 and above, and those aged 18 and above in the 'at risk' groups.
- The vaccines will be given at the same time one in each arm so multiple visits to the surgeries are not required.
- Patients in the qualifying groups can either book into the clinics using SystmOne online or NHSApp, or call us. You may be sent a text reminding you to book in. People without mobiles who are eligible for the vaccinations will be contacted by phone, and letter if necessary. For qualifying groups please see page 2.
- We are unable to specify which Covid vaccine you will be given. This will depend on supply.
- Our PCN Vaccination Information Line 01409 255254 is available from 9:30am to 4:30pm every Wednesday and Thursday for queries. Please note this is not a booking line.
- We are unable to give flu jabs to anyone NOT in the qualifying groups. Please go to other providers, such as pharmacies or larger supermarkets if you want one. Charges will apply.

All this information will be available on the Bradworthy Surgery website under the Covid & Flu Vaccination Information tab.

CLINIC DATES all 1pm to 8pm unless otherwise specified:

- Monday 3rd and 10th October—over 65s only (NOW FULL)
- Monday 17th October—people in the at risk groups aged 18-64 only
- Tuesday 1st November—over 65s (afternoon up to 8pm)
- Tuesday 8th November—those aged 50 to 64s
- 31st October—cancelled

Just a polite reminder to keep all non-urgent calls to the surgery (including vaccination and routine bookings, results, general queries etc.) until after **10am**. This allows us to keep the lines free for urgent on-the-day calls, and those who need us quickly. Alternatively, use NHSApp or SystemOne online to contact us for anything non-urgent. Thank you!



WHY BOTHER?

Flu vaccination is important because:

- more people are likely to get flu this winter as fewer people will have built up natural immunity to it during the COVID-19 pandemic
- if you get flu and COVID-19 at the same time, research shows you're more likely to be seriously ill
- getting vaccinated against flu and COVID-19 will provide protection for you and those around you for both these serious illnesses

FLU—am I in the eligible groups for a free jab?

There are two types of flu vaccs being used again this year: one for those aged 65 and above, and another for those under 65. Those who qualify for a FREE jab are:

- people aged 50 and over (including those who'll be 50 by 31st March 2022)
- people who have certain health conditions (see QR code for more information)
- women who are pregnant
- people who are in long-stay residential care
- those in receipt of carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- people who live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)
- frontline health or social care workers

AUTUMN/WINTER COVID BOOSTER—am I in the eligible group?

The following groups of people are eligible for a Covid booster:

- residents in a care home for older adults and staff working in care homes for older adults
- frontline health and social care workers
- all adults aged 50 years and over
- people aged 5 to 49 years in a clinical risk group
- people aged 5 to 49 years who are household contacts of people with immunosuppression
- people aged 16 to 49 years who are carers

As we have not been commissioned to provide Covid Vaccinations to young people who are aged 5 to 17, other local walk-in clinics will be available. We will post these on our website and Facebook page.

GAPS BETWEEN VACCS

For all Covid vaccinations the gaps between boosters should be:

- Those aged 12 and above, who are immunocompromised, must have a gap of 3 months since their last dose.
- Those aged 50 and above must have a gap of 3 months since their last booster/dose.

Please note that we will not be vaccinating under 18s at the surgery.

"Influenza vaccine should be given in sufficient time to ensure protection before influenza viruses start to circulate, so the ideal time for immunisation is between late September and the end of November. As peak influenza activity generally occurs in January or February, or sometimes later, providers should continue vaccinating patients throughout the influenza season and can continue...up until 31st March."

~ Sanofi Medical Info UK

SURGERY IS AVAILABLE ON FACEBOOK

Get all the latest!

BRADWORTHY



For full NHS information, please go https://www.nhs.uk/conditions/va ccinations/flu-influenza-vaccine/

For full GOV.UK/JCVI information.

https://www.gov.uk/government/p

ublications/covid-19-vaccines-for-

please go to:

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